Report

Edinburgh Alcohol and Drug Partnership

- Seek Keep Treat Funding 2018/19

Edinburgh Integration Joint Board

10 December 2019

Executive Summary

- 1. In August 2018, £1.41m recurring funding was allocated by the Scottish Government to Edinburgh Alcohol and Drug Partnership (EADP) and Edinburgh Integration Joint Board (EIJB) starting in financial year 2018/19. The purpose of the funds is to expand and innovate services which will reduce alcohol and drug related harm in line with the new Alcohol and Drug Strategy for Scotland. The Government funding is provided to NHS Boards for distribution to Integration Authorities and Alcohol and Drug Partnerships. Investment decisions are delegated to IJBs and ADPs.
- The EADP Executive, Core Group and Collaborative co-produced a spending plan in response to a local needs assessment and government guidance. In June 2019, the EIJB approved a spending plan for 2019/20 and rolling forward. The 18/19 monies remain unallocated and this will be supplemented by slippage on the 19/20 investments.
- 3. This report sought the approval of the Strategic Planning Group in submitting recommendations to allocate the 2018/19 funding to the EIJB. The recommendations involved a number of one off spends aimed at supporting services to meet the requirements of the new government strategy and in response to local need.

Recommendations

- 4. The Integration Joint Board is asked to:
 - I. Agree the one-off priorities identified through the extensive co-production exercise approved by the EADP Core Group and Executive.
 - II. Agree the financial plan to allocate the 2018/2019 funding as laid out in the Financial Implications section of this report and recognise that the spending of the funds will cross over into financial year 2020/2021 due to the delays







incurred. A spending plan will then be submitted to the Scottish Government to release the funds.

Strategic Planning Group (SPG)

5. This report was considered by the SPG on 22 November 2019. The SPG was familiar with the EADP Seek Keep Treat position and discussed the measures that were proposed to spend the 2018/19 funding in detail. There was wider debate on EADP and officers informed the SPG of an EADP workshop that is scheduled for 11 December 2019, the outcomes of which will be reported to the EIJB in due course. Minor amendments were directed to be made and on that basis the recommendations were accepted for submission to the EIJB.

Background

- 6. It was announced in the Programme for Government in September 2017 that the new Scottish Government drugs policy will be "guided by a principle of ensuring the best health outcomes for people who are, or have been, drug users, with the aim to seek, keep and treat those who need our help". This policy has been based on a succession of national debates calling for a focus on the needs of those at the greatest and most immediate risk of the greatest harms, especially drug and alcohol related deaths.
- 7. New Scottish Government funding, £20m nationally, was earmarked for drug and alcohol services with a requirement that it be spent to develop innovative approaches and achieve the priorities emerging as part of the national strategy. In anticipation of this funding being released, the EADP began a process to prepare strategic and spending plans.
- 8. A report was approved by the EIJB in June 2019 which set out spending plans from 2019/20 onwards; 2018/19 funds at this point were unallocated.
- 9. This report sets out a one off spending plan to enhance the planned new interventions from 2019/20 by investing the 18/19 funding allocation in a way that will complement the service developments required.

Key risks

- 10. The risks of not allocating the investment to the plan include:
 - Service delivery risks: the challenge of reaching people who misuse substances is significant. Every opportunity for investment in the workforce (including peer support) and initiatives to streamline and enhance service delivery should be pursued.

- **Governance:** the Scottish Government requires regular updates on Seek, Keep, Treat spending plans and we will be asked to demonstrate that the allocation of the funds is in line with Scottish Government direction.
- Continuing unmet need: the need for the services is acute and pressing.
 Essential interventions must be funded and delivered. Drug and alcohol use is a key public health threat with worsening indicators. There are significant reputational risks.

Financial implications

- 11. **2018/19:** In 2018/19 Edinburgh Alcohol and Drug Partnership (EADP) received funding of £1,411,000 to implement the Seek Keep and Treat initiative; of this available funding the sum of £337,000 was spent, leaving a balance of £1,074,000.
- 12. A recurring spending plan for this sum has been approved by the IJB (Table 1), which shows the anticipated full year costs across various themes, whilst identifying potential in-year slippage (note 1) due to delays in commissioning and recruitment.
- 13. **2019/20 One off spend**: The available balance of £1,074,000 from 2018/19 and the anticipated slippage from the recurring 2019/20 commitments of £461,250 ¹has allowed a themed spending plan identifying one-off commitment to be developed from the available sum of £1,535,250 in 2019/20. This plan is shown in Table 2.

Table1: Seek, Keep & Treat (recurring)				
Themes	IJB Approved Spending Plan (FY Costs) £	Anticipated slippage £		
Reaching high risk individuals	176,000	132,000		
Medical	120,000	30,000		
Enhanced pathway in specialist services	86,000	43,000		
ARBD (additional)	63,000			
Enhanced care for co-morbidities in hubs	104,000	52,000		
Primary care	105,000	52,500		
Advocacy	40,000			
Intelligence and evaluation	32,000			
Pharmacy staff	12,000	6,000		
Dispensing of THN and Antabuse	40,000			
Community development focusing on social isolation in PWUD&A	80,000	40,000		
Pre-pare (extending treatment postpartum and to partners)	43,000	10,750		
Pharmacy costs (dispensing)	320,000			

¹ Slippage is based on current estimates and may change once further information becomes available.

Vol sec capacity for outreach and engagement	190,000	95,000
Total	1,411,000	461,250

Table 2: Seek, Keep & Treat (non-recurring)			
	£		
18/19 "Allocation"	1,411,000		
Less: in year spend	(337,000)		
Balance for investment	1,074,000		
Anticipated Slippage from SK&T 2019/20 (See table 1)	461,250		
Total available	1,535,250		
Themes			
Increase alcohol counselling session in North East Edinburgh	4,500		
Self-Compassion Course rolled out across city	5,940		
Peer support assertive outreach in each locality			
Carer and family support 1:1 and groupwork programme	65,000		
Fast track to OST for high risk people/groups	175,300		
Additional EADP Officer	52,593		
Fitting out of the new Recovery Café	150,000		
Implement training within EADP services based on findings from training requirement			
audit. (Training)	100,000		
Financial inclusion officer and small incentive funds	65,000		
Addictions service in HMP Edinburgh for remand prisoners	194,000		
Through care nurse to work in HMP Edinburgh and the community	42,000		
Recovery Support Service	490,917		
Total	1,535,250		
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Implications for Directions

14. NHS Lothian and the City of Edinburgh Council will be required to recruit the necessary staff and procure associated resources to ensure the effective implementation of this plan. A Draft Direction is at Appendix 1.

Equalities implications

15. Information on the differential effect of proposals on groups with protected characteristics was requested. An Integrated Impact Assessment is in progress.

Sustainability implications

16. Reducing Scotland's dependency on alcohol and drugs will have a significant impact economically, socially and in terms of public safety and life expectancy.

Involving people

17. The consultation process included well-attended events with service users and representatives of a wider and diverse range of services. The views expressed by carers in previous consultation events were considered and influenced the decision making (particularly the value that they place on outreach rather than clinic-based services).

Impact on plans of other parties

18. Other proposals were made which highlighted needs, but which will be best met through other budgets and partnerships. These included wet houses providing supported accommodation for dependant drinkers which permit controlled drinking while reducing the harm associated with it, and improvements in care for people with Alcohol Related Brain Death (ARBD) which is funded through other routes. The EADP will explore how these might be funded by (or jointly with) other ADPs.

Background reading/references

SDF Older drug users report : http://www.sdf.org.uk/wp-content/uploads/2017/06/Working-group-report-OPDPs-in-2017-PDF.pdf

Lucy Cockayne's Stepped care report: https://www.edinburghadp.co.uk/wp-content/uploads/2016/10/Stepped-Care-Report-LC-24-08-16.pdf

National clinical guidelines for drugs treatment: http://www.nta.nhs.uk/guidelines.aspx

Edinburgh Health Needs assessment for injecting drug users :

www.nhslothian.scot.nhs.uk/Services/A-

Z/HarmReductionTeam/Documents/HarmReductionEdinburghHealthNeedsAssess PeopleWhoInjectDrugs.pdf

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Appendices

Appendix 1

Draft Direction

DIRECTION FROM THE EDINBURGH INTEGRATION JOINT BOARD

Reference number	EIJB-10/12/2019-1		
Does this direction supersede, vary or revoke an existing direction?	Yes – this varies direction EIJB-22/10/19-6 agreed by the EIJB on 22 October 2019.		
If yes, please provide reference number of existing direction			
Approval date	10/12/2019		
Services / functions covered	Alcohol and Drugs Services		
Full text of direction	Implement the Seek, Keep and Treat components of the national strategy 'Rights, Respect and Recovery' to improve health by preventing and reducing alcohol and drug use, harm and related deaths, through the delivery of services outlined in the investment plans. A local delivery and performance plan will measure engagement and outcomes for people and will be informed by the national framework to be issued shortly for rights respect and recovery.		
Direction to	NHS Lothian The City of Edinburgh Council		
Link to relevant EIJB report / reports	EIJB Strategic Plan 2019-22, EIJB, 20 August 2019 Scottish Government - Seek, Keep and Treat Funding, EIJB, 21 June 2019 Add in hyperlink of EIJB report when available online		
Budget / finances allocated to carry out the detail		NHS Lothian	City of Edinburgh Council
	2019/20	£1.1m	£0.3m
	2020/21	£1.1m	£0.3m
	Plus £1.074m previously unallocated from 2018/19.		2018/19.

		Further work required to determine allocation across partners	
	2021/22	£1.1m	£0.3m
Performance measures	In line with Scottish Government national outcomes and targets		
Date direction will be reviewed	April 2020		